



WOLLONGONG PUBLIC SCHOOL NEWSLETTER

67a Church Street,
WOLLONGONG NSW 2500

Email: Wollongong-p.school@det.nsw.edu.au

Principal: Harold Cosier

Phone: 4228 9120

Fax: 4226 5091

Term 1, Week 1



Weekly Message

Dear Parents,

Welcome to 2019 at Wollongong Public School. For many of you, it is welcome back, for a considerable number of families it is welcome to your new school, and I trust that you will enjoy your time here with us.

Unfortunately, we have not been able to form 2019 classes as anticipated, except for our Opportunity Classes- 5L and 6S. We have had many new enrolments and require extra time to ensure we create a class structure that enables us to carefully place and cater for all students. We are on the verge of forming 20 classes not 19 as our numbers indicated at the end of 2018. Although we would like to form classes on Monday 4th February, we feel with the swimming carnival taking place, we need to ensure student safety. We believe keeping students with their current class will support this before forming classes on Tuesday. All Kindergarten children begin on Monday at 930 am as planned, meeting on the soft fall area outside C Block. You will soon be receiving information about our Meet the Teacher sessions to be held on the afternoon/evening of Tuesday 19th of February during Term 1 Week 4. This will give you the opportunity to ask any questions that you might have around classroom operation, our expectations of students and your expectations of our school.

We are starting the year with our swimming carnival on Monday 4th of February for a competitors-only carnival. This is limited to students who are competent swimmers in Year's 3-6 and any 8 year old children who are strong swimmers. Notes have been distributed and as this event takes place this coming Monday, payments need to be made online and notes returned urgently so we can arrange adequate supervision.

We begin the year with some new faces on our staff and we look forward to the following teachers joining our team and supporting our children.

- Micaela O'Reilly- English as an Additional Language Teacher (EAL/D)
- Sharon McKechnie- K-6 Sport Teacher
- Maddison Prior- Stage 2 Teacher
- Jennifer Smith- Kindergarten Teacher
- Lauren Cuthbertson- Stage 3 Teacher
- Matt Ison- Replacing Melinda Boreland until she returns from leave in Week 5

- Stephanie Hasleton- Counsellor
- Narelle Tolhurst and Leanne Fragiacommo- Office Staff

I'd like to welcome back our teaching staff who are excited about having the children back again! We have made some small adjustments with their roles this year.

Kindergarten Team

- Coralie Berry
- Cathy Parker (M&T) / Jennifer Smith (W-F)
- Terrina Hartley

- Jenny Lewis
- Louise O'Toole
- Lauren Cuthbertson
- Matt Ison/ Melinda Boreland

Stage 1 Team

- Matt Richards- K-2 Assistant Principal
- Melanie Beckinsale
- Laura Lopez
- Pauline Clapham
- Sarah Critoph (M&T) / Matt Richards (W-F)
- Linda Doyle

Support Staff

- Samantha Neaves- Instructional Leader
- Steve McQueen- Library
- Mary Elphick- (EAL/D)
- Trish Roberts- Learning and Support Teacher
- Micaela O'Reilly- (EAL/D)
- Stephanie Hasleton- Counsellor (Th&F)
- Evoon Yacoub- Community Hub Leader
- Brett Summerfield- General Assistant
- Toni Baker- School Learning Support Officer
- Lorraine Shaw - School Learning Support Officer

Stage 2 Team

- Rielle Nelson- Relieving Assistant Principal
- Leah Early
- Johanna Smith
- Maddison Prior
- Maria Gray

Office Staff

- Kim Smith
- Michelle Walker
- Maree Jordan
- Narelle Tolhurst
- Leanne Fragiacommo

Stage 3 Team

- Sarah Morley- Relieving Assistant Principal
- Jackie Stephenson

This year will be a busy and exciting year as our building projects continue to progress. For the information of new families, we will be getting a new two-storey block containing 10 teaching spaces, additional practical spaces and new toilets, while our administration/reception area will be remodelled and extended. If you have had an opportunity to come into school, you will have noticed the demolition process has progressed well and we no longer have a large COLA area. The admin area has moved to A Block as a temporary office and can be accessed from the Church Street entrance to the building. We hope to be relocated into our new Admin area by mid to late March.

Throughout this time, we ask for your flexibility and understanding as staff and students are adapting to significant adjustments, particularly our office staff. It would be greatly appreciated if you could assist us by implementing the following processes while we manage the school from a temporary office space without our usual communication structures in place:

- Contact the office for urgent messages.
- Ensure that your child/children know of all other messages such as pick up times and areas and their music bus day and times are communicated before school rather than through the school office.
- Minimise changes to pick up arrangements during the day as all messages need to be walked to students' classrooms at this stage. We understand sometimes that circumstances may require this, however towards the end of last year our office was receiving many requests.
- Use our online payment system for all transactions.
- Support us by collecting your children when they are ill as we are unable to provide a sick bay space.

I would like to remind our 2018 families and advise our new families that one of our major logistical challenges at Wollongong PS is the use of the Pick-up / Drop-off zone in Church Street. Parents are reminded that it is a 2

minute waiting zone, and drivers are not permitted to leave their car. The parking rangers attend our school and issue fines for infringements such as double parking, cars left unattended in the drop-off zone and performing illegal U turns. Please obey all road rules in this area and be particularly careful in the wet weather to support us to keep our children safe.

I'd also remind you that our school hours are from 9.00am to 3.00pm, and that supervision of students commences at 8.30am. If you need to drop your child before that time or collect them later than 3.15pm, the Before and After School Care operated by Big Fat Smile is available on site.

Finally, I would like to invite any interested families to our first Parents and Citizens (P&C) Meeting this Tuesday 5th February at 6.30pm in our school staffroom. All are most welcome.

Have a happy and safe weekend.

Kind regards,

Matt Richards
Relieving Principal

~ January 2019 ~						
◀ December						February ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29 Staff Development Day	30 Students return today	31		

~ February 2019 ~						
◀ January						March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Swimming Carnival Years 2 -6	5	6	7	8	9
10	11	12 Selective High School Parent Information Session in 6S Classroom 4pm – 4.45pm	13	14	15	16
17	18	19 Meet the Teacher	20	21 Harmony Day	22 District Swimming Carnival	23



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01.02.19

2019 Annual Swimming Carnival

Wollongong Public School is holding its annual swimming carnival at Western Suburbs Pool, Unanderra on *Monday, February 4th, 2019 (Week 2, Term 1)*. This is a **COMPETITORS ONLY CARNIVAL**. The students will depart school at 11:30am for a carnival start time of 12:15pm. Transport to and from the pool will be by bus at a cost of \$7.00 per student. We ask that all students travel to the pool by bus to cover our transport hiring costs. Buses will not be returning to school until 3:00pm so early leavers will need to make alternative arrangements on this day.

We rely very heavily on parent helpers for time-keeping duties at the carnival so if you are available we would really appreciate your assistance. Please consider helping us as the more volunteers we have, the shorter the time you will be required to assist. There is a space below to indicate if you can help.

Wollongong Public School welcomes parents, relatives and friends of our students to the carnival and we know many of you have to leave work to attend your child's races, so an approximate program of events is attached, to assist you in making these arrangements. **The district carnival will be in Week 4, so qualifiers will receive information about their events, dates and times by the end of Week 3.**

Due to the carnival being so close to the start of Term, we are asking that any students who wish to attend complete the permission note below and event nomination information on the back and return (with payment) to the office no later than *Friday 1st February, 2019*.

Please note the carnival is for students turning 8 years old in 2019 or older.

Please nominate if you would like to be considered for your house's relay team – first four fastest times per house and age group will be chosen on the day.

Online payments are preferable and can be made at: <http://www.wollongong-p.schools.nsw.edu.au/home>

Regards,

Miss McKechnie

Swimming Carnival Permission Note.

I give permission for my son/daughter _____ to travel by bus to Western Suburbs Pool, Unanderra and participate in the school swimming carnival on Monday, Feb 4th 2019. I understand that the cost for transport will be \$7.00. This school event has the approval of the Principal.

Signed _____

Date: _____

Parent Name: _____ I am (able / unable) to help out at the carnival.

☐ I have paid online. My receipt number is _____

☐ I have paid in cash at the office on: (please provide the date) _____

**** Please ensure the event nomination form on the back of this permission note is completed as well.***

The Carnival will start at 12.15. Please find an approximate order of events below (may be subject to change):

- | | |
|--------------------------------------|---|
| 1. Open Boys 200m Individual Medley | 18. Senior Girls Backstroke |
| 2. Open Girls 200m Individual Medley | 19. Junior Boys 50m Breaststroke |
| 3. 8 Years Boys 50m Freestyle | 20. 11 Years Boys 50m Breaststroke |
| 4. 9 Years Boys 50m Freestyle | 21. Senior Boys 50m Breaststroke |
| 5. 10 Years Boys 50m Freestyle | 22. Junior Girls 50m Breaststroke |
| 6. 11 Years Boys 50m Freestyle | 23. 11 Years Girls 50m Breaststroke |
| 7. 12 Years Boys 50m Freestyle | 24. Senior Girls 50m Breaststroke |
| 8. 8 Years Girls 50m Freestyle | 25. Junior Boys 50m Butterfly |
| 9. 9 Years Girls 50m Freestyle | 26. 11 Years Boys 50m Butterfly |
| 10. 10 Years Girls 50m Freestyle | 27. Senior Boys 50m Butterfly |
| 11. 11 Years Girls 50m Freestyle | 28. Junior Girls 50m Butterfly |
| 12. 12 Years Girls 50m Freestyle | 29. 11 Years Girls 50m Butterfly |
| 13. Junior Boys 50m Backstroke | 30. Senior Girls 50m Butterfly |
| 14. 11 Years Boys 50m Backstroke | 31. Open Boys 100m Freestyle |
| 15. Senior Boys 50m Backstroke | 32. Open Girls 100m Freestyle |
| 16. Junior Girls 50m Backstroke | 33. Combine House Relay (time permitting) |
| 17. 11 Years Girls 50m Backstroke | |

2019 Swimming Carnival Event Nomination.

Student Name: _____ Date Of Birth: ____/ ____/ ____

Age **turning in 2019:** _____ Class: _____

Sport House: _____ (Waratah, Boronia, Banksia, Acacia)

Boy ☐ Girl ☐ Please Tick ☐ I would like to be part of my house relay team.

Freestyle	Breaststroke	Backstroke	Butterfly
<input type="checkbox"/> 50 m	<input type="checkbox"/> 50 m	<input type="checkbox"/> 50 m	<input type="checkbox"/> 50 m
<input type="checkbox"/> 100m			



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2019 Annual Swimming Carnival Monday 4th February 2019 Excursion Medical Information

Students Given Name/s _____ Surname _____

Parent/Guardian Name in full (block letters) _____

Parent/Guardian contact number _____

Medical Information

1. Does your child suffer from any **medical condition** (**asthma, diabetes, epilepsy, anaphylaxis** etc.)? Please note any details of the medical management program that the teacher may need to be aware.

2. Give details of any **medication your child is currently taking** together with the **dispensing routine**. Medication brought on excursion should have your child's name, dosage and dosage times clearly marked. Only medication in the child's name will be administered.

3. Give **details of any allergy** your child has to common foods, plants, insect bites, medications (e.g. penicillin) etc.

Signed _____ Date: _____

Name Parent / Guardian _____



Made Fresh Canteen Menu



BREAKFAST ONLY (Sold at counter only)

Oven Baked Hash Brown	\$1.00
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BREAKFAST, RECESS & LUNCH (Sold at counter only)

Plain Milk Cup	\$1.00
Hot Chocolate Cup	\$1.50
Light Chocolate Milk Cup	\$1.50
Light Strawberry Milk Cup	\$1.50
Light Banana Milk Cup	\$1.50
Toasted Cheese Sub	\$1.50
Toasted Cheese & Lean Ham Sub	\$2.00
Corn Flakes Bowl	\$2.50
Pancakes x2 with Honey	\$2.50

SANDWICHES (White or Wholemeal Bread)

Vegemite	\$1.50
Jam	\$1.50
Honey	\$1.50
Cheese	\$2.00
Lean Ham	\$2.50
Cheese & Tomato	\$3.00
Lean Ham & Cheese	\$3.50
Lean Ham, Cheese & Tomato	\$4.00
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.00
Tuna, Lettuce & Mayo	\$4.00
Fresh Chicken with Cheese	\$4.00
Fresh Chicken, Lettuce & Mayo	\$4.50
Fresh Chicken & Salad	\$4.50
Lean Ham & Salad	\$4.50

WRAPS & ROLLS (Tortilla or Lebanese Bread)

Cheese & Tomato	\$3.50
Lean Ham & Cheese	\$4.00
Lean Ham, Cheese & Tomato	\$4.50
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.50
Tuna, Lettuce & Mayo	\$4.50
Fresh Chicken with Cheese	\$4.50
Fresh Chicken Lettuce & Mayo	\$4.50

VEGGIE & OTHER SNACK PACKS

Fresh Cut Veggie Cup	\$1.50
Veggie Snack Pack Dome with Carrot, Celery, Corn, Tomatoes & Bread Stick	\$4.00
Veggie Snack Pack Dome with Cheese Cubes & Bread Sticks	\$4.50
Veggie Snack Pack Dome with Fresh Chicken Breast & Bread Sticks	\$5.00

SALADS (All Salads served in 12oz dome)

Garden Salad	\$4.00
Tuna Salad	\$4.50
Cheese Salad	\$4.50
Lean Ham Salad	\$4.50
Fresh Chicken Breast Salad	\$4.50
Fresh Chicken Breast Pasta Salad	\$5.00
Fresh Chicken Caesar Salad with Lean Ham	\$5.00

Upsize Salad from 12oz to 20oz dome for an extra \$1.50

FRESH FRUIT & YOGHURT

Diced Pineapple Small Cup	\$1.00
Oranges, Apples, Mandarins	\$1.00
Banana	\$1.50
Fresh Watermelon Cup	\$2.00
Fresh Diced Fruit Cup	\$2.00
Vanilla Yoghurt	\$2.00
Yoghurt with Muesli Cup	\$2.50
Yoghurt with Fruit Cup	\$3.00
Seasonal Fresh Fruit Salad Bowl (12oz)	\$4.00

OCCASIONAL FOOD & SNACKS

HOT FOOD

Potato Wedges Cup	\$3.00
Noodles Cup	\$3.50
Chicken Hot Dog (one free sauce)	\$3.50
Beef Hot Dog (one free sauce)	\$3.50
Chicken Nuggets (5 pieces)	\$3.50
Sausage Roll (one free sauce)	\$4.50
Meat Pie (one free sauce)	\$4.50

SNACKS & OTHER TREATS

Homemade Cookies x1	0.50c
Gummy Bear x3	\$1.00
Homemade Muffins (freshly made daily)	\$1.50
Chicken & Corn Roll	\$1.50
Plain Ice Cream Vanilla	\$2.00
Red Rock Deli Chips 28g (2 Flavours)	\$2.50

HOT FOOD

Garlic & Herb Toasty (freshly made daily)	\$1.50
Pizza Cheese Sub (served on roll)	\$2.50
Mexican Quesadilla	\$3.00
Stuffed Vine Leaves with Rice x5	\$3.00
Meatball Sub with Napoletana Sauce	\$4.50
Grilled Chicken Souvlaki on a Roll	\$4.50
Homemade Pizza with Cheese	\$5.00
Homemade Pizza with Lean Ham & Cheese	\$5.50
Homemade Hawaiian Pizza	\$5.50
Lasagne	\$5.50
Cheese burger (lean beef)	\$5.50
Aussie Lean Beef Burger Lettuce/Tomato	\$5.50
Fresh Grilled Chicken Fillet Burger	\$5.50

SUSHI (available every Tuesday-pre order by Friday)

Teriyaki Chicken with Cucumber	\$4.50
Teriyaki Beef with Cucumber	\$4.50
Veggie Tofu, Carrot, Cucumber VEGAN	\$4.50
Tuna with Cucumber	\$4.50

DAILY HOMEMADE MENU

Monday	Pasta Carbonara with Lean Ham	\$4.50
Tuesday	Mac & Cheese Pasta	\$4.50
Wednesday	Hokkien Noodles Chicken	\$4.50
Thursday	Pasta with Meatballs	\$4.50
Friday	Pasta Bolognaise	\$4.50

DAZZLING MEAL DEALS...

If you buy a meal combo you would save up to \$1.00

PACK 1: CHEESE SANDWICH	
Water 400ml + Popcorn or Frozen Juice Stick	\$3.50
PACK 2: STUFFED VINE LEAVES with RICE x5	
Water 400ml + Popcorn or Frozen Juice Stick	\$4.50
PACK 3: MEATBALLS SUB	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
PACK 4: PASTA with MEATBALLS	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
PACK 5: PASTA BOLOGNAISE	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
PACK 6: FRESH CHICKEN & CHEESE ROLL	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.50
PACK 7: FRESH CHICKEN SALAD SANDWICH	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.50

CRUNCH N SIP PACKS

Piece of Fruit & Water 400ml	\$2.50
Diced Fruit Cup & Water 400ml	\$3.00

SNACKS & FROZEN TREATS

Frozen 99% Juice Cup Small (3 Flavours)	0.50c
Plain or Frozen 99% Juice-Jelly Cup Small (3 Flavours)	0.50c
Frozen Diced Pineapple Small Cup	\$1.00
Frozen 99% Juice Cup (3 Flavours)	\$1.00
Frozen 99% Quelch Fruit Juice Sticks (4 Flavours)	\$1.00
Popcorn	\$1.00
Bread Sticks x 4	\$1.00
Custard Cup	\$1.00
Frozen Plain Milk Cup	\$1.00
Plain or Frozen 99% Juice-Jelly Cup (3 Flavours)	\$1.00
Frozen Chocolate Milk Cup	\$1.00
Frozen Strawberry Milk Cup	\$1.00
Frozen Banana Milk Cup	\$1.00
Frozen Watermelon Cup	\$2.00
Frozen Grapes Cup (seasonal)	\$2.00
Frozen 99% Nippy's Juice Cup (3 Flavours)	\$2.00
Messy Monkeys Snack (Chicken, Cheese, Pizza)	\$2.50

WATER - MILK & JUICES

Water 400ml	\$1.50
Water 600ml	\$2.00
Popper 100% juice (3 Flavours)	\$2.50
Milk 300ml (plain)	\$2.50
Light Milk 300ml (3 Flavours)	\$3.00

As required by the NSW government all menu items sold each day, are to be listed as Everyday or Occasional food to allow parents and caregivers informed choices.

The NSW state government states menu items are required to be 75% everyday and 25% occasional.

Made Fresh is proud that we have exceeded this requirement. We have kept our prices reasonable even after an increase to the levy for the "container scheme fee". Our suppliers have also increased their prices on eligible/quality goods under the new "star system".

Your child's healthy eating is paramount to our business. Thank you for your ongoing support.

Occasional



Everyday