



# WOLLONGONG PUBLIC SCHOOL NEWSLETTER

67a Church Street,  
WOLLONGONG NSW 2500

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Term 1, Week 3



## Weekly Message

Dear Parents,

It is great to be finally back leading our wonderful school after an unexpected break due to illness. Thankfully I have been given a clean bill of health and I had just caught a particularly nasty virus. Things have been very busy in our school this week and there is also lots coming up.

## Welcome BBQ

Today we are having a Welcome Barbecue, which is being run by our P&C volunteers. I hope to see many of you at this event as it is a great opportunity for you to come and meet other parents and have a sausage sandwich and a chat!

## Meet the Teacher

Next week you will have the opportunity to meet your class teacher and get an understanding of the expectations of you and your child in 2019. All meetings will be held in your child's classroom. On Tuesday afternoon Early Stage 1 (Kindergarten) parents can meet their teachers at 4pm while at 5pm Stage 2 (Years 3 and 4) have their turn. On Wednesday afternoon Stage 1 (Years 1 and 2) meet at 4pm while Stage 3 meet at 5pm. I understand that 6S have already met as Ms Stephenson had a prior commitment. If you are unable to make the scheduled time for your child's class, and would like to arrange a meeting, please contact our school office by email at [Wollongong-p.school@det.nsw.edu.au](mailto:Wollongong-p.school@det.nsw.edu.au)

## Positive Behaviour for Learning (PBL)

As many of you would be aware, Wollongong Public School is transitioning into a PBL school, developing our own core values and a shared understanding by students, staff and parents of what is expected of all our school members. This process is well under way, and we are currently reviewing the designs for new signs to be erected across our school that will articulate our PBL values. We are hopeful that these will soon be put in place.

### Maths Online and Reading Egg subscriptions

Notes have been sent home this week to inform you that Wollongong Public School is partially subsidising the purchase of Maths Online for every student K-6. This will replace the Mathletics subscription which we have historically purchased. We are also asking K-2 parents to purchase a Reading Eggs subscription through school at a discounted price of \$17.55. Both of these subscriptions will allow students to access online resources, both at home and school, that are well researched and support student learning. Payment can be made both online and at the school office.

### Building Update

Work on our new buildings continues, and this week sees earthworks begin in earnest as the site is readied for the pouring of the large slab for the learning centres. You will possibly have noticed the multiple spray jets around the site that have been installed to keep dust to a minimum.

I hope to see you this afternoon,

Kind regards,

**Harold Cosier**

~ February 2019 ~						
◀ January						March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Swimming Carnival Years 2 -6	5	6	7	8	9
10	11	12 Selective High School Parent Information Session in 6S Classroom 4pm – 4.45pm	13	14	15 Welcome BBQ 4.00pm - 6.00pm	16
17	18	19 Meet the Teacher	20 Meet the Teacher	21	22 District Swimming Carnival	23

## Library

Library lessons have started for 2019. In order to protect library books, children must have a library bag to borrow. Library bags are available from the office for \$3.30, but any clean bag with your child's name on it is fine. Our aim is to encourage a love of reading for leisure and pleasure. You can help us achieve this aim by ensuring your child has a library bag on their library day and by taking an interest in the books they are borrowing and reading.

Class library days for 2019 are:

Monday: 6S, 3/4E, 1/2R, 3N

Tuesday: 5/6C, 5/6B, 4P, 1/2D, KP

Wednesday: 5L, 3G, 1B, 5/6M, K/1H

Thursday: 5/6I, 1/2C, 1/2L, KB, 3/4S

Friday: KL

## Parent Helpers Needed

Mr McQueen, in the library, has a large number of library books that need covering and is looking for parent volunteers to help out. Parents can cover books at school in the library office or can take books home to cover them. Mr McQueen will provide the books, the contact and the scissors if parents can provide their time. Thank you.



# ILLAWARRA SPORTS HIGH

SUPPORTING TALENTED ATHLETES THROUGH EDUCATION

## 2019 Information & Open Night

Monday 25th February 2019

6.00pm til 7.45pm

Illawarra Sports High School Hall  
Guru Street, Berkeley



The Open Night will provide parents and students with information regarding local enrolments and the Talented Sports and Development Program.

Information for students in years 5 to 10.

Register your interest online [www.illawaspor-h.schools.nsw.gov.au](http://www.illawaspor-h.schools.nsw.gov.au)

## WOLLONGONG JUNIOR CHESS CLUB

### JNR CHESS TOURNAMENT 2019 SUMMER SUNDAY (Under 18 Year Olds)

#### 7 ROUND SWISS

**WHEN:** *Sunday 24-Feb-2019* (10:00am to 4:00pm)

**WHERE:** FAIRY MEADOW COMMUNITY CENTRE - KEIRA ROOM  
Guest Park - Crn Cambridge Ave and  
Princess Hwy Fairy Meadow  
(Opposite Woolworth)

**Trophy Prizes:** 1st, 2<sup>nd</sup>, 3<sup>rd</sup> + Age Groups

Games will be rated by NSWJCL

Results will influence qualification to  
NSWJCL Country Championship

Entry Fee: \$10

**Lunch:** Players should bring their own lunch and refreshments.

**Arbiter and Information:** JOHN MAZZIERI

Phone: (02) 4283 3080

e-mail: [mazzieri@exemail.com.au](mailto:mazzieri@exemail.com.au)

WOLLONGONG JNR CHESS CLUB  
meets Thursdays 4:00-6:00pm (not school hols)  
Fairy Meadow Community Centre

**Future SUNDAY TOURNAMENTS**

26-May AUTUMN Sunday

25-Aug WINTER Sunday

10-Nov SPRING Sunday

*Dance  
with a difference*



*Choir  
for Champions*

COMPETITION OR JUST FOR FUN! - EVERYONE IMPROVES



quality passion family

# 2019 7 Day TRIAL CLASS PASS

Our gift to you! Present this card and try a week of classes FREE OF CHARGE

JAZZ | BALLET | CHEER | TUMBLE | HIP HOP | TAP | LYRICAL | BOYS ONLY HIP HOP | PRESCHOOL

W: [www.nrgstudios.net](http://www.nrgstudios.net) E: [info@nrgstudios.net](mailto:info@nrgstudios.net) P: 0400952203





# Made Fresh Canteen Menu



## BREAKFAST ONLY (Sold at counter only)

Oven Baked Hash Brown	\$1.00
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## BREAKFAST, RECESS & LUNCH (Sold at counter only)

Plain Milk Cup	\$1.00
Hot Chocolate Cup	\$1.50
Light Chocolate Milk Cup	\$1.50
Light Strawberry Milk Cup	\$1.50
Light Banana Milk Cup	\$1.50
Toasted Cheese Sub	\$1.50
Toasted Cheese & Lean Ham Sub	\$2.00
Corn Flakes Bowl	\$2.50
Pancakes x2 with Honey	\$2.50

## SANDWICHES (White or Wholemeal Bread)

Vegemite	\$1.50
Jam	\$1.50
Honey	\$1.50
Cheese	\$2.00
Lean Ham	\$2.50
Cheese & Tomato	\$3.00
Lean Ham & Cheese	\$3.50
Lean Ham, Cheese & Tomato	\$4.00
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.00
Tuna, Lettuce & Mayo	\$4.00
Fresh Chicken with Cheese	\$4.00
Fresh Chicken, Lettuce & Mayo	\$4.00
Fresh Chicken & Salad	\$4.50
Lean Ham & Salad	\$4.50

## WRAPS & ROLLS (Tortilla or Lebanese Bread)

Cheese & Tomato	\$3.50
Lean Ham & Cheese	\$4.00
Lean Ham, Cheese & Tomato	\$4.50
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.50
Tuna, Lettuce & Mayo	\$4.50
Fresh Chicken with Cheese	\$4.50
Fresh Chicken Lettuce & Mayo	\$4.50

## VEGGIE & OTHER SNACK PACKS

Fresh Cut Veggie Cup	\$1.50
Veggie Snack Pack Dome with Carrot, Celery, Corn, Tomatoes & Bread Stick	\$4.00
Veggie Snack Pack Dome with Cheese Cubes & Bread Sticks	\$4.50
Veggie Snack Pack Dome with Fresh Chicken Breast & Bread Sticks	\$5.00

## SALADS (All Salads served in 12oz Dome)

Garden Salad	\$4.00
Tuna Salad	\$4.50
Cheese Salad	\$4.50
Lean Ham Salad	\$4.50
Fresh Chicken Breast Salad	\$4.50
Fresh Chicken Breast Pasta Salad	\$5.00
Fresh Chicken Caesar Salad with Lean Ham	\$5.00

## FRESH FRUIT & YOGHURT

Diced Pineapple Small Cup	\$1.00
Oranges, Apples, Mandarins	\$1.00
Banana	\$1.50
Fresh Watermelon Cup	\$2.00
Fresh Diced Fruit Cup	\$2.00
Vanilla Yoghurt	\$2.00
Yoghurt with Muesli Cup	\$2.50
Yoghurt with Fruit Cup	\$3.00
Seasonal Fresh Fruit Salad Bowl (12oz)	\$4.00

## OCCASIONAL FOOD & SNACKS

### HOT FOOD

Potato Wedges Cup	\$3.00
Noodles Cup	\$3.50
Chicken Hot Dog (one free sauce)	\$3.50
Beef Hot Dog (one free sauce)	\$3.50
Chicken Nuggets (5 pieces)	\$3.50
Sausage Roll (one free sauce)	\$4.50
Meat Pie (one free sauce)	\$4.50

### SNACKS & OTHER TREATS

Homemade Cookies x1	0.50c
Gummy Bear x3	\$1.00
Homemade Muffins (freshly made daily)	\$1.50
Chicken & Corn Roll	\$1.50
Plain Ice Cream Vanilla	\$2.00
Red Rock Deli Chips 28g (2 Flavours)	\$2.50

## HOT FOOD

Garlic & Herb Toasty (freshly made daily)	\$1.50
Pizza Cheese Sub (served on roll)	\$2.50
Mexican Quesadilla	\$3.00
Stuffed Vine Leaves with Rice x5	\$3.00
Meatball Sub with Napoletana Sauce	\$4.50
Grilled Chicken Souvlaki on a Roll	\$4.50
Homemade Pizza with Cheese	\$5.00
Homemade Pizza with Lean Ham & Cheese	\$5.50
Homemade Hawaiian Pizza	\$5.50
Lasagne	\$5.50
Cheese burger (lean beef)	\$5.50
Aussie Lean Beef Burger Lettuce/Tomato	\$5.50
Fresh Grilled Chicken Fillet Burger	\$5.50

## SUSHI (available every Tuesday-pre order by Friday)

Teriyaki Chicken with Cucumber	\$4.50
Teriyaki Beef with Cucumber	\$4.50
Veggie Tofu, Carrot, Cucumber VEGAN	\$4.50
Tuna with Cucumber	\$4.50

## DAILY HOMEMADE MENU

Monday	Pasta Carbonara with Lean Ham	\$4.50
Tuesday	Mac & Cheese Pasta	\$4.50
Wednesday	Hokkien Noodles Chicken	\$4.50
Thursday	Pasta with Meatballs	\$4.50
Friday	Pasta Bolognese	\$4.50

## DAZZLING MEAL DEALS...

If you buy a meal combo you would save up to \$1.00

<b>PACK 1: CHEESE SANDWICH</b>	
Water 400ml + Popcorn or Frozen Juice Stick	\$3.50
<b>PACK 2: STUFFED VINE LEAVES with RICE x5</b>	
Water 400ml + Popcorn or Frozen Juice Stick	\$4.50
<b>PACK 3: MEATBALLS SUB</b>	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
<b>PACK 4: PASTA with MEATBALLS</b>	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
<b>PACK 5: PASTA BOLOGNAISE</b>	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
<b>PACK 6: FRESH CHICKEN &amp; CHEESE ROLL</b>	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.50
<b>PACK 7: FRESH CHICKEN SALAD SANDWICH</b>	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.50

## CRUNCH N SIP PACKS

Piece of Fruit & Water 400ml	\$2.50
Diced Fruit Cup & Water 400ml	\$3.00

## SNACKS & FROZEN TREATS

Frozen 99% Juice Cup Small (3 Flavours)	0.50c
Plain or Frozen 99% Juice-Jelly Cup Small (3 Flavours)	0.50c
Frozen Diced Pineapple Small Cup	\$1.00
Frozen 99% Juice Cup (3 Flavours)	\$1.00
Frozen 99% Quelch Fruit Juice Sticks (4 Flavours)	\$1.00
Popcorn	\$1.00
Bread Sticks x 4	\$1.00
Custard Cup	\$1.00
Frozen Plain Milk Cup	\$1.00
Plain or Frozen 99% Juice-Jelly Cup (3 Flavours)	\$1.00
Frozen Chocolate Milk Cup	\$1.00
Frozen Strawberry Milk Cup	\$1.00
Frozen Banana Milk Cup	\$1.00
Frozen Watermelon Cup	\$2.00
Frozen Grapes Cup (seasonal)	\$2.00
Frozen 99% Nippy's Juice Cup (3 Flavours)	\$2.00
Messy Monkeys Snack (Chicken, Cheese, Pizza)	\$2.50

## WATER - MILK & JUICES

Water 400ml	\$1.50
Water 600ml	\$2.00
Popper 100% juice (3 Flavours)	\$2.50
Milk 300ml (plain)	\$2.50
Light Milk 300ml (3 Flavours)	\$3.00

As required by the NSW government all menu items sold each day, are to be listed as Everyday or Occasional food to allow parents and caregivers informed choices.

The NSW state government states menu items are required to be 75% everyday and 25% occasional.

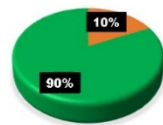
Made Fresh is proud that we have exceeded this requirement.

We have kept our prices reasonable even after an increase to the levy for the "container scheme fee". Our suppliers have also increased their prices on eligible/quality goods under the new "star system".

Your child's healthy eating is paramount to our business.

Thank you for your ongoing support.

### Occasional



### Everyday