



# WOLLONGONG PUBLIC SCHOOL NEWSLETTER

67a Church Street,  
WOLLONGONG NSW 2500  
Email: [Wollongong-p.school@det.nsw.edu.au](mailto:Wollongong-p.school@det.nsw.edu.au)  
Principal: Harold Cosier

Phone: 4228 9120  
Fax: 4226 5091

Term 1, Week 7



## Weekly Message

Dear Parents,

We are now at the end of another week of learning with a number of events to discuss.

### Cross Country Carnivals

Unfortunately we had to postpone today's Cross Country events due to quite muddy conditions at Stuart Park and here at school. I visited Stuart Park early this morning, and while I could walk on the grass, 300 pairs of feet running multiple times around the circuit would have soon made it quite dangerous. The weather forecast was also ominous, in that there was a 90% likelihood of showers and thunderstorms today. Hopefully our rescheduled day will provide better weather.

### Selective High Schools Test

On Thursday, around 60 of our Year 6 students attended the Selective High Schools test which was held at Smiths Hill High School. While the process for admission to a Selective High School is quite challenging, we are hopeful of gaining a strong representation in next year's Year 7 intake.

### School Photos

As you are all aware, we had our School Photos taken on Wednesday. They will be delivered to the school hopefully before the end of term. Fortunately there were no wild storms on the day so that the process was completed by lunch time.

### Harmony Day

Next Thursday, 21<sup>st</sup> March, is Harmony Day and we are holding events at our school from lunch-time onwards. Be sure to attend our after school concert and join in celebrating this great community event which has become an important part of our school calendar. More details are provided later in our newsletter.

## Swimming

A number of our students participated in the District Swimming Carnival this week, with several advancing to the Regional Finals. Details are provided later in our newsletter.

## Road Safety

With the rain and storms around, road conditions around our school can become quite dangerous. If you are driving, please slow down and be alert, abide by the rules and keep our children safe.

## Positive Behaviour for Learning

Over the last few weeks your child may have told you about the Positive Behaviour for Learning (PBL) lessons they have been doing on Thursday mornings. These lessons are based on our school values of Respect, Responsibility and Safety and how we can show these values in various locations around the school.

To help our students understand our expectations around the school we have installed new PBL signs in the various play areas of the school. Please take this opportunity to have a talk with your child about our values of Respect, Responsibility and Safety and how they can demonstrate these values at school and at home.

Have a happy and safe weekend,  
Kind regards,

**Harold Cosier**

## Sports Update

### Regional Swimming Carnival

Congratulations to our WPS Regional Swimmers!



The students represented WPS with great pride and gave their personal best efforts. The following students have successfully advanced to the next level, and will represent with the South Coast Team at Sydney Olympic Park, Homebush April 11<sup>th</sup> and 12<sup>th</sup>.

We wish Tilly and Sebastian the very best in their respective events!

### Representative Trials

WPS would like to *congratulate* Archie who was successful in his representative sport trial of opens rugby league. Well done!



**Miss McKechnie**

***Sport Coordinator / Sport Teacher K-6***

## Harmony Day

Harmony Day is next week on Thursday the 21st of March. It will be an exciting day for students and families filled with international food and music! In addition to our student international lunch, families can bring additional items for our community feast starting at 3pm. The entertainment will begin at 3:30pm in the hall and we expect to see all families coming to join in on the fun and watch our students share their learning alongside some fabulous community performances. Additional information is attached to this newsletter. We can't wait to see you there!

~ March 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
10	11	12	13 Regional Swimming Carnival  Photo Day	14 Selective High School Test	15 Cross Country Yrs 3-6 Stuart Park (postponed)  Cross Country Yrs K-2 At school (postponed)	16
17	18	19	20 Student Medical Forms for Stage 3 Bush Camp DUE	21 Harmony Day	22	23
24	25	26 Premier's Debating Challenge	27 Cordeaux Dam Excursion	28	29	30
31						

### Bus Service Route Number & Name Changes from Monday 1 April 2019

**All route numbers and names will be updated from Monday 1<sup>st</sup> April 2019**

The new numbers will ensure that school & regular buses are easily identifiable.

All new school bus numbers will start with a capital 'S' and be followed by a new 3 digit bus number, e.g. S100.

All new regular bus numbers will consist of 2 digits, e.g. 10. Where a service only runs at night the 2 digit bus number will be followed by an N e.g. 94N.

**You can access further information in the following ways:**

- View the Schedule of Route Service Changes on the Dion's Bus Service website at [www.dions.com.au](http://www.dions.com.au)
- Contact Dion's Bus Service on **(02) 4243 8888**
- Contact Transport for NSW via [www.transportnsw.info](http://www.transportnsw.info)



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## Cordeaux Dam Whole School Excursion

### سد كوردو رحله جميع المدرسه



اعزائي الآباء ومقدمي الرعاية

من المقرر أن يكون يوم النزهة السنوي يوم الأربعاء 27 مارس 2019 في سد كوردو. في هذا اليوم ، ستسافر مدرستنا بالكامل بالحافلة إلى سد كوردو لإتاحة الفرصة للاحتفال بالسنة الدراسية الجديدة معاً. لدينا العديد من الطلاب الجدد هذا العام ، وسوف يمنحهم الفرصة للاختلاط مع أصدقاء جدد. ويشعرون أنهم جزء من مدرستنا العظيمة



سيحتاج الطلاب إلى إحضار طعامهم ومشروباتهم الخاصة لليوم. نقترح غداء نزهة صحية ، الفاكهة، الغذاء الصحي.

لن يُطلب من الطلاب ارتداء الزي المدرسي في هذا اليوم ، ولكن يلزم ارتداء الملابس والأحذية المناسبة لممارسة المشي في الأدغال ، وارتداء قبعة ، واستخدام واقي الشمس ، حيث أنها سياسة مدرسية. نذهب لمسافة طويلة في الصباح ، والأحذية المعقولة ضرورية. لا فلات أو صنادل أو شيشب بأصبع.

سوف يسافر الطلاب إلى سد كوردو بالحافلة وتكلفة **10 دولار**. سوف تغادر الحافلات المدرسة في الساعة 9:15 صباحاً ، لذا يرجى التأكد من أن طفلك في المدرسة في موعد لا يتجاوز الساعة 8:55 صباحاً. ستعود الحافلات إلى المدرسة حوالي الساعة 2:40 بعد الظهر.

يرجى التوقيع على ورقة الإذن أدناه وتوضيح طريقة الدفع. (التاريخ البديل إذا كان الطقس قاسي، الجمعة 3 مايو). **يجب أن يتم إرجاع الملاحظات والدفع بحلول يوم الجمعة 15 مارس 2019.** طريقتنا المفضلة هي الدفع عبر الإنترنت. تعاونك مع هذا سيكون موضع

تقدير كبير من قبل المعلمين وموظفي المكتب

أطيب التحيات

تنظيم المعلمين

Mrs Nelson, Miss Lopez and Miss McKechnie

## رحلة سد كوردو

أعطي الإذن لابني / ابنتي \_\_\_\_\_ في الصف \_\_\_\_\_  
السفر بالحافلة إلى منطقة سداد كوردو الترفيهية يوم الأربعاء 27 مارس للمشاركة في الأنشطة في هذا المكان (أو تاريخ بديل الجمعة 3 مايو).

لقد قمت بالدفع عبر الإنترنت. رقم الإيصال هو \_\_\_\_\_.

لقد أرفقت مبلغ 10.00 دولار نقداً

التوقيع: \_\_\_\_\_ تاريخ: \_\_\_\_\_

هذه الرحلة لديها موافقة من المدير.



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## Harmony Day Celebrations

On Thursday the 21<sup>st</sup> of March, we are celebrating Harmony Day in a big way!

- Wear an international costume or the colour orange
  - Buddy class international lunch
  - Buddy class Harmony Day activities
    - Community feast
- Student and local community performances



The following events have been organised for the day:

### 1:10 – 3:00 International Lunch and Buddy Class Activities

Students will get together with their buddy class to share an international picnic lunch and participate in Harmony Day activities. All students will need to bring a **small** plate of food to share and may want to bring a picnic rug to sit on. Please ensure that you **list the ingredients** contained in the food you provide, as some children cannot eat certain foods. **Please include serving utensils and ensure your child's name is on the container.** Any parents wishing to provide hot food should deliver it to their child's classroom at 12.30pm. There will be limited refrigeration facilities available for storing food on the day.

### 3:00 – 5:00 Community Entertainment Afternoon

#### Community Food:

Join in on our community feast from 3:00 to 3:30pm. Sample dishes from all over the world and take the opportunity to share your culture with others!

We ask that families bring an additional small international dish to share with the community. This can be the same type of dish you sent with your student for their lunch. Please do not send your community dish with your student during the day. Instead, bring it with you when you arrive in the afternoon event between 2:45 and 3pm to the tables set up with Mrs Yacoub and our community volunteers.

#### Community Entertainment:

After you feast, come down to the hall at 3:30pm for our Harmony Day performances! Students must be accompanied by their parents. You will be entertained by local community performers and our very own students! It will be a show to remember!

**We look forward to seeing you and your family  
at this wonderful celebration of diversity.**





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## Harmony Day Celebrations

### احتفالات يوم الوئام

يوم الخميس 21 مارس ، نحتفل بيوم الوئام بطريقة كبيرة!

● ارتداء زي عالمي أو اللون البرتقالي

● وجبة غداء في الدرجة

● أنشطة الأصدقاء في يوم الوئام

● وليمة المجتمع

● أداء الطلاب والمجتمع المحلي



تم تنظيم الأحداث التالية لهذا اليوم:

#### 1.10-3.00 غداء عالمي وأنشطة في فنة الأصدقاء

سيجتمع الطلاب مع طلاب صفهم لمشاركة مأدبة غداء دولية والمشاركة في أنشطة يوم الوئام. سيحتاج جميع الطلاب إلى إحضار طبق صغير من الطعام للمشاركة وقد يرغبون في جلب سجادة نزهة للجلوس عليها. يرجى التأكد من إدراج المكونات الموجودة في الطعام الذي تقدمه ، حيث لا يستطيع بعض الأطفال تناول أطعمة معينة. الرجاء تضمين

أدوات تقديم الطعام وتأكد من وضع اسم طفلك على الحاوية.

يجب على جميع الآباء الذين يرغبون في تقديم الطعام الساخن توصيله إلى الفصل الدراسي لطفله الساعة 12:30 ظهرًا. ستكون هناك مرافق تبريد محدودة لتخزين الطعام في اليوم.

#### 3.00-5.00 مجتمع الترفيه بعد الظهر

##### غذاء المجتمع:

انضم إلى وليمة مجتمعنا من الساعة 3:00 إلى 3:30 مساءً. تذوق الأطباق من جميع أنحاء العالم واغتنم الفرصة لمشاركة ثقافتك مع الآخرين!

نطلب من العائلات جلب طبق دولي صغير إضافي للمشاركة مع المجتمع. يمكن أن يكون هذا هو نفس نوع الطبق الذي

أرسلته مع الطالب لتناول الغداء. من فضلك لا ترسل طبق المجتمع مع الطالب خلال اليوم. بدلاً من ذلك ، احضره معك عند وصولك إلى حدث الظهيرة بين الساعة 2:45 والساعة 3 بعد الظهر إلى الجداول التي تم إعدادها مع السيدة يعقوب والمتطوعين في المجتمع.

##### مجتمع الترفيه:

بعد الولىمة ، ينزل إلى القاعة الساعة 3:30 مساءً من أجل عروضنا في يوم التناغم! يجب أن يرافق الطلاب من قبل والديهم. سوف يتم استقبالك من قبل فاعلي المجتمع المحلي والطلاب لدينا! سيكون عرض لتذكر!

نحن نتطلع إلى رؤيتك أنت وعائلتك  
في هذا الاحتفال الرائع للتنوع.





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15<sup>th</sup> March 2019



Dear Parents,

K-6 Parent/Teacher interviews will be held shortly.  
Interviews are strictly 10 minutes and spaces are limited.

Go to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)

MAKE A BOOKING

enter the code **y4mzc**



Enter your details



Select the teacher you wish to see



Select the appointment times that suit your family best



When you click FINISH your selected bookings will be emailed to you immediately. If you not receive your email, please check your junk-mail, or enter the event code again and check your email address spelling. Update your details if email address is incorrect. DO NOT DELETE the email you receive. Keep it somewhere safe. You may need to refer back to it at a later date.

REMEMBER TO ADD YOUR APPOINTMENTS TO YOUR CALENDAR - reminders will not be sent home.

Bookings must be finalised by **Thursday 28<sup>th</sup> March 2019**.

If you need to view, cancel, change or print your bookings:

- Click on the link in the confirmation email you received after you made your bookings
- OR return to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) and enter the code and the email address you used when making your bookings.

If you have any queries, please do not hesitate to contact your class teacher.

Regards,

*Rielle Nelson*

Relieving Assistant Principal

WOLLONGONG PUBLIC SCHOOL


# Go4FUN

HEALTHY ACTIVE HAPPY KIDS

## GO4FUN IS COMING TO FLIP OUT IN TERM 2!

### What is Go4Fun?

Go4Fun is a free program for 7-13 year olds who are above a healthy weight, and their families

-  Play fun games and activities
-  Make healthier choices for your family
-  Make new friends

**Places are limited. Register now!**

### Term 2 programs at Flip Out

Albion Park Rail  
Thursdays  
4pm-6:30pm

North Wollongong  
Wednesdays  
4pm-6pm



[www.go4fun.com.au](http://www.go4fun.com.au) 1800 780 900



Health  
Illawarra Shoalhaven  
Local Health District



# ILLAWARRA SPORTS HIGH

SUPPORTING TALENTED ATHLETES THROUGH EDUCATION

## 2019 Sports Program Year 6 Trials

Trials are open to year 6 students looking to enrol in Year 7, 2020 and students currently in years 7 to 10 for enrolment in semester two 2019 or 2020. Athletes must be enrolled in a community club. **Register online** [www.illawaspor-h.schools.nsw.gov.au](http://www.illawaspor-h.schools.nsw.gov.au)



Tuesday 26th March 2019  
8.00am - 12.30pm  
Illawarra Sports High School  
Rugby League, Rugby Union (Boys & Girls),  
Netball, Basketball, Surfing,  
Touch and Tag (Boys & Girls)

Tuesday 26th March 2019  
8.00am - 12.30pm  
Illawarra Hockey Stadium  
Unanderra  
Hockey (Boys & Girls)

Wednesday 27th March 2019  
8.00am - 12.30pm  
Ian McLennan Park  
Kembla Grange (Synthetic Pitch)  
Sydney FC Elite or  
Football South Coast Development





# Colourful Day



## 1st Term 2019

To Celebrate the Summer Season at your School Canteen we would like to offer you the chance to PRE-ORDER a Lunch Pack.

**AVAILABLE LUNCHES  
ON TUESDAY 26th MARCH  
AND NEED TO BE PRE-ORDERED**



**PLEASE FINALISE ORDERS  
BY FRIDAY 22nd MARCH  
AT YOUR CANTEEN**

**AT THE CANTEEN - Complete order below,  
Tear off and take to the Canteen with the correct money**

**PACK 1: \$5.50**

- Mexican Quesadillas
- Water 400ml
- Popcorn
- Juice Jelly Cup



**PACK 2: \$6.50**

- Homemade Mac and Cheese
- Water 400ml
- Popcorn
- Juice Jelly Cup



**PACK 3: \$6.50**

- Meatball Sub
- Water 400ml
- Popcorn
- Juice Jelly Cup



**PACK 4: \$6.50**

- Ham, Cheese & Tomato  
or Salad Sandwich
- Water 400ml
- Popcorn
- Juice Jelly Cup



NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_ CHOICE OF PACK: \_\_\_\_\_

NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_ CHOICE OF PACK: \_\_\_\_\_

NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_ CHOICE OF PACK: \_\_\_\_\_

NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_ CHOICE OF PACK: \_\_\_\_\_

MONEY ENCLOSED: \_\_\_\_\_



# Made Fresh Canteen Menu



## BREAKFAST ONLY (Sold at counter only)

Oven Baked Hash Brown	\$1.00
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## BREAKFAST, RECESS & LUNCH (Sold at counter only)

Plain Milk Cup	\$1.00
Hot Chocolate Cup	\$1.50
Light Chocolate Milk Cup	\$1.50
Light Strawberry Milk Cup	\$1.50
Light Banana Milk Cup	\$1.50
Toasted Cheese Sub	\$1.50
Toasted Cheese & Lean Ham Sub	\$2.00
Corn Flakes Bowl	\$2.50
Pancakes x2 with Honey	\$2.50



## SANDWICHES (White or Wholemeal Bread)

Vegemite	\$1.50
Jam	\$1.50
Honey	\$1.50
Cheese	\$2.00
Lean Ham	\$2.50
Cheese & Tomato	\$3.00
Lean Ham & Cheese	\$3.50
Lean Ham, Cheese & Tomato	\$4.00
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.00
Tuna, Lettuce & Mayo	\$4.00
Fresh Chicken with Cheese	\$4.00
Fresh Chicken, Lettuce & Mayo	\$4.00
Fresh Chicken & Salad	\$4.50
Lean Ham & Salad	\$4.50



## WRAPS & ROLLS (Tortilla or Lebanese Bread)

Cheese & Tomato	\$3.50
Lean Ham & Cheese	\$4.00
Lean Ham, Cheese & Tomato	\$4.50
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.50
Tuna, Lettuce & Mayo	\$4.50
Fresh Chicken with Cheese	\$4.50
Fresh Chicken Lettuce & Mayo	\$4.50



## VEGGIE & OTHER SNACK PACKS

Fresh Cut Veggie Cup	\$1.50
Veggie Snack Pack Dome with Carrot, Celery, Corn, Tomatoes & Bread Sticks	\$4.00
Veggie Snack Pack Dome with Cheese Cubes & Bread Sticks	\$4.50
Veggie Snack Pack Dome with Fresh Chicken Breast & Bread Sticks	\$5.00

## SALADS (All Salads served in 12oz Dome)

Garden Salad	\$4.00
Tuna Salad	\$4.50
Cheese Salad	\$4.50
Lean Ham Salad	\$4.50
Fresh Chicken Breast Salad	\$4.50
Fresh Chicken Breast Pasta Salad	\$5.00
Fresh Chicken Caesar Salad with Lean Ham	\$5.00
Upsize Salad from 12oz to 20oz dome for an extra \$1.50	



## FRESH FRUIT & YOGHURT

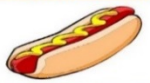
Diced Pineapple Small Cup	\$1.00
Oranges, Apples, Mandarins	\$1.00
Banana	\$1.50
Fresh Watermelon Cup	\$2.00
Fresh Diced Fruit Cup	\$2.00
Vanilla Yoghurt	\$2.00
Yoghurt with Muesli Cup	\$2.50
Yoghurt with Fruit Cup	\$3.00
Seasonal Fresh Fruit Salad Bowl (12oz)	\$4.00



## OCCASIONAL FOOD & SNACKS

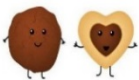
### HOT FOOD (Extra Sauce 0.30c)

Potato Wedges Cup	\$3.00
Noodles Cup	\$3.50
Chicken Hot Dog (one free sauce)	\$3.50
Beef Hot Dog (one free sauce)	\$3.50
Chicken Nuggets (5 pieces)	\$3.50
Sausage Roll (one free sauce)	\$4.50
Meat Pie (one free sauce)	\$4.50



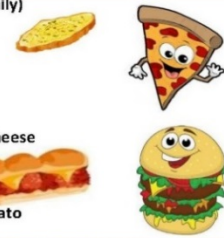
### SNACKS & OTHER TREATS

Homemade Cookies x1	0.50c
Gummy Bear x3	\$1.00
Homemade Muffins (freshly made daily)	\$1.50
Chicken & Corn Roll	\$1.50
Plain Ice Cream Vanilla	\$2.00
Red Rock Deli Chips 28g (2 Flavours)	\$2.50



## HOT FOOD

Garlic & Herb Toasty (freshly made daily)	\$1.50
Pizza Cheese Sub (served on roll)	\$2.50
Mexican Quesadilla	\$3.00
Stuffed Vine Leaves with Rice x5	\$3.00
Meatball Sub with Neapolitan Sauce	\$4.50
Grilled Chicken Souvlaki on a Roll	\$4.50
Homemade Pizza with Cheese	\$5.00
Homemade Pizza with Lean Ham & Cheese	\$5.50
Homemade Hawaiian Pizza	\$5.50
Lasagne	\$5.50
Cheese burger (lean beef)	\$5.50
Aussie Lean Beef Burger Lettuce/Tomato	\$5.50
Fresh Grilled Chicken Fillet Burger	\$5.50



## SUSHI (available every Tuesday-pre order by Friday)

Teriyaki Chicken with Cucumber	\$4.50
Teriyaki Beef with Cucumber	\$4.50
Veggie Tofu, Carrot, Cucumber VEGAN	\$4.50
Tuna with Cucumber	\$4.50



## DAILY HOMEMADE MENU

Monday	Pasta Carbonara with Lean Ham	\$4.50
Tuesday	Mac & Cheese Pasta	\$4.50
Wednesday	Hokkien Noodles Chicken	\$4.50
Thursday	Pasta with Meatballs	\$4.50
Friday	Pasta Bolognese	\$4.50



## DAZZLING MEAL DEALS... (If you buy a meal combo you would save up to \$1.00)

<b>PACK 1: CHEESE SANDWICH</b>	Water 400ml + Popcorn or Frozen Juice Stick	\$3.50
<b>PACK 2: STUFFED VINE LEAVES with RICE x5</b>	Water 400ml + Popcorn or Frozen Juice Stick	\$4.50
<b>PACK 3: MEATBALLS SUB</b>	Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
<b>PACK 4: PASTA with MEATBALLS</b>	Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
<b>PACK 5: PASTA BOLOGNAISE</b>	Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
<b>PACK 6: FRESH CHICKEN &amp; CHEESE ROLL</b>	Water 400ml + Popcorn or Frozen Juice Stick	\$6.50
<b>PACK 7: FRESH CHICKEN SALAD SANDWICH</b>	Water 400ml + Popcorn or Frozen Juice Stick	\$6.50

## CRUNCH N SIP PACKS

Piece of Fruit & Water 400ml	\$2.50
Diced Fruit Cup & Water 400ml	\$3.00



## SNACKS & FROZEN TREATS

Frozen 99% Juice Cup Small (3 Flavours)	0.50c
Plain or Frozen 99% Juice-Jelly Cup Small (3 Flavours)	0.50c
Frozen Diced Pineapple Small Cup	\$1.00
Frozen 99% Juice Cup (3 Flavours)	\$1.00
Frozen 99% Quelch Fruit Juice Sticks (4 Flavours)	\$1.00
Popcorn	\$1.00
Bread Sticks x 4	\$1.00
Custard Cup	\$1.00
Frozen Plain Milk Cup	\$1.00
Plain or Frozen 99% Juice-Jelly Cup (3 Flavours)	\$1.00
Frozen Chocolate Milk Cup	\$1.00
Frozen Strawberry Milk Cup	\$1.00
Frozen Banana Milk Cup	\$1.00
Frozen Watermelon Cup	\$2.00
Frozen Grapes Cup (seasonal)	\$2.00
Frozen 99% Nippy's Juice Cup (3 Flavours)	\$2.00
Messy Monkeys Snack (Chicken, Cheese, Pizza)	\$2.50



## WATER - MILK & JUICES

Water 400ml	\$1.50
Water 600ml	\$2.00
Popper 100% juice (3 Flavours)	\$2.50
Milk 300ml (plain)	\$2.50
Light Milk 300ml (3 Flavours)	\$3.00

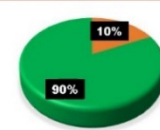


As required by the NSW government all menu items sold each day, are to be listed as Everyday or Occasional food to allow parents and caregivers informed choices.

The NSW state government states menu items are required to be 75% everyday and 25% occasional.

Made Fresh is proud that we have exceeded this requirement. We have kept our prices reasonable even after an increase to the levy for the "container scheme fee". Our suppliers have also increased their prices on eligible/quality goods under the new "star system". Your child's healthy eating is paramount to our business. Thank you for your ongoing support.

## Occasional



## Everyday