



WOLLONGONG PUBLIC SCHOOL NEWSLETTER

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Principal: Harold Cosier

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Term 2, Week 6



Weekly Message

Dear Parents,

Teachers this week have been very busy working on student reports and most are almost ready for review by supervisors, before they are passed onto me for final review and signing. It is a mammoth task and I would like to acknowledge the effort that my teaching staff put into the reports as they provide parents with valuable information about student learning. Other important activities this week are:

Great experience for two students

On Tuesday evening Bonnie and Freja from Stage 3 performed as part of the Illawarra Junior Vocal Ensemble at the Wollongong Eisteddfod. There are 44 students in the Ensemble from Years 3 – 6 made up of students from 23 local public primary schools. Ms Sue Dawson, the Arts Coordination Officer for our Department passed on the following information:

‘The students performed in the Eisteddfod in a section containing high school choirs and adult choirs. Every student performed with pride and to their absolute best. They were certainly a crowd favourite! The Ensemble held their own in an environment of much more experienced choirs. Every student is to be commended for their efforts and acknowledged as fantastic young ambassadors for their school and for public education.’

I would like to add our congratulations to our singers.
Well done!



National Reconciliation Week

As part of the Reconciliation Week activities, on Wednesday 5 of our students attended a Reconciliation Morning Tea at the Novotel organised by the local Aboriginal Education Consultative Group (AECG). Jay-Lee, Jayden, Brayden, Oskar and Alara all attended and enjoyed the experience immensely. Our thanks goes to Mrs Clapham who coordinated the event and Mrs O'Reilly and Mrs Nelson who transported the children to and from the event. Also, today at our assembly a number of students shared their Reconciliation Week activities with us.

IFTAR Celebration

As I mentioned in last week's newsletter, on Friday night the Community Hub invited community members to share a meal in our school hall to celebrate Ishtar during the Muslim month of Ramadan. The evening was a great success, with all attending enjoying the food and friendship during the evening. Our thanks to Mrs Yacoub and the Community Hub and all who contributed.



Athletics Carnival

Due to the very unpleasant weather on Tuesday, we had to postpone our Athletics Carnival. It will now be held on Wednesday 19th June.

Building Update

Work continues in our Administration area this week with carpet now laid throughout and painting of the walls and ceilings almost complete. Door and window frames have been installed and electrical and data fittings also being installed. Unfortunately the rain has delayed the concrete pour outside the building but we are hopeful that it will be completed over the weekend.

Eid

We would like to wish all our Muslim community happy Eid as they celebrated the end of Ramadan on Tuesday with Eid, a celebration of breaking the fast and a very important religious period for Muslim people.

Thank You

Early Stage 1 and Stage 1 teachers and students would like to thank all the helpers who have been working hard making Maths resources for our classrooms over the last couple of weeks in the Hub. The resources are an asset to each classroom and will be used to support student learning. We appreciate your generosity giving up your time to help out!

Have a happy and safe weekend,

Kind regards,

Harold Cosier



Goalball Competition

Goalball is a team sport developed for visually impaired players, in which a ball containing bells is thrown at a goal at the opposing team's end of the court. All students can participate in this fabulous game by wearing a blindfold and using their other senses to play.



Last week, some of our Stage 2 students competed in the Goalball Regional Championships at the University of Wollongong. Two of our teams participated and both took home medals! Congratulations to our bronze medal winners, the Wollongong Warriors, and our gold medal winners, the Wollongong Wolves. The Wolves will be going on to the Goalball State Finals and we wish them the best of luck. Great job everyone!

Leah Early
Stage 2 Classroom Teacher



~ June 2019 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7 PSSA Sport Canteen Pre-order Lunch Packs - Form Due	8
9	10	11 P & C Meeting 6:30pm	12 Minnamurra Rainforest Stage 2 excursion	13 Choir Cluster rehearsal (Choir only)	14 PSSA Sport	15
16	17	18	19 K-6 Athletics Carnival Beaton Park	20	21 PSSA Sport	22

What's Due:

Choral Concert Cluster rehearsal (Choir only) note and payment due Friday 7th June 2019

Canteen Pre-Order Lunch Packs due Friday 7th June 2019

Rescheduled WPS K-6 Athletics Carnival Permission Note (and Payment if not previously paid) Monday 17th June

Overdue:

Minnamurra Rainforest Stage 2 note and payment due Thursday 6th June 2019

KINDERGARTEN ENROLMENTS – 2020

Enrolments are now being taken for children in Kindergarten next year.
If you know of anyone who is intending to apply to our school in 2020 please ask them to come to the school and pick up an enrolment pack as soon as possible.

Closing date for enrolments is Friday 6th September 2019
Enrolment forms and all documentation must be returned to the office by this date.



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Dear Parents and Carers

Wollongong Public School has recently partnered with a not for profit organisation called *The Fathering Project*. Originating from the University of Western Australia, their aim is to inspire and equip fathers and father figures to engage with their kids. As a father myself, I know how challenging it can sometimes be to find the time to do special things with my kids and I saw this as a great way to provide an opportunity for our community Dads to join with their kids at school in some kid-focused activities.

If you would like to know more about this organisation, please visit their website: <http://thefatheringproject.org/>

We are excited to launch our partnership with a **Paper Planes event on Friday 28th June, 2pm-3pm**. An invitation will come home with your child today.

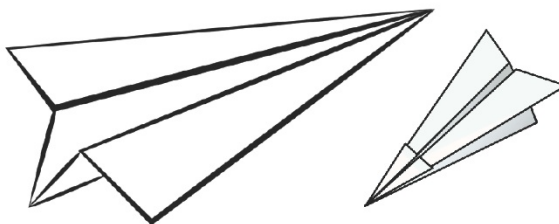
At 2pm you will head to the hall to hear a brief talk from The Fathering Project representatives who will tell you what they are all about and what you can expect to see from them at our school in the future. Your child will then join you for some paper plane making fun and a paper plane throwing competition. We will wrap things up by the bell at 3pm.

Please know that dads, grandfathers, uncles, and other father figures are all welcome. Mums are also encouraged to come along and enjoy the fun. We recognise all families are different, so while we are actively trying to get dads involved at school, of course anyone from your family is more than welcome to come and join in. Please also note that we plan to hold future events at different days and times to accommodate for the varied and busy schedules of those in our community.

There is no need to RSVP. Just join us in the hall from 2pm on Friday in Week 9. We hope to see you there or at another Fathering Project event at WPS soon!

Warm Regards,

Mr Harold Cosier
Principal





WOLLONGONG REFUGEE WEEK CELEBRATION 2019

WEDNESDAY 19 JUNE
WOLLONGONG TOWN HALL
6-9PM

FREE EVENT

People of all backgrounds and ages warmly welcome

Celebrate **Refugee Week** with a vibrant program of music, dance and performance.

Snacks and drinks provided.

Organised by TEAM4R and RCAN, with support from WCC, SCARF, MCCI, GreenConnect, IMS, Amity College, SSI, RAC, IP4P and STARTTS.

For more information visit

[City of Wollongong](#)

or email TEAM4R@gmail.com



WCC1509453

HEALTHY CHANGES TO OUR CANTEEN

The NSW Healthy School Canteen Strategy is a joint initiative between the NSW Ministry of Health and the NSW Department of Education. The Strategy is all about giving students across NSW a taste for healthy foods and to make healthy choices easily available. Our school canteen is working towards achieving the strategy.

WHAT'S CHANGED?

- The new strategy places food and drinks into EVERYDAY and OCCASIONAL categories. This replaces the traffic light system of green, amber and red food and drinks.
- The new strategy requires the canteen to sell at least 75% EVERYDAY and no more than 25% OCCASIONAL food and drinks.

WHAT YOU MAY NOTICE

- Promotion of healthy food and drink options
 - Menu changes
 - Portion size review
- Sugary drinks not to be sold
- No Red days

Continue to support our canteen as we work towards making the changes.

More information:

www.healthyschoolcanteens.nsw.gov.au



Volunteer!

WE NEED YOU. YES YOU!

GET INVOLVED

TWO HOURS MAKES SUCH A DIFFERENCE!

We need your help teaching women English in the Community Hub
or help child-minding during the English classes.

Every Wednesday from 12pm-3pm and

Friday from 9.30am-11.30am

If you have the skills and can help in anyway, please contact Evoon
on 0439 898 092

Thank you for supporting our Community Hub at Wollongong Public School





Made Fresh Canteen Menu



BREAKFAST ONLY (Sold at counter only)

Oven Baked Hash Brown	\$1.00
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BREAKFAST, RECESS & LUNCH (Sold at counter only)

Plain Milk Cup	\$1.00
Hot Chocolate Cup	\$1.50
Light Chocolate Milk Cup	\$1.50
Light Strawberry Milk Cup	\$1.50
Light Banana Milk Cup	\$1.50
Toasted Cheese Sub	\$1.50
Toasted Cheese & Lean Ham Sub	\$2.00
Corn Flakes Bowl	\$2.50
Pancakes x2 with Honey	\$2.50

SANDWICHES (White or Wholemeal Bread)

Vegemite	\$1.50
Jam	\$1.50
Honey	\$1.50
Cheese	\$2.00
Lean Ham	\$2.50
Cheese & Tomato	\$3.00
Lean Ham & Cheese	\$3.50
Lean Ham, Cheese & Tomato	\$4.00
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.00
Tuna, Lettuce & Mayo	\$4.00
Fresh Chicken with Cheese	\$4.00
Fresh Chicken, Lettuce & Mayo	\$4.00
Fresh Chicken & Salad	\$4.50
Lean Ham & Salad	\$4.50

WRAPS & ROLLS (Tortilla or Lebanese Bread)

Cheese & Tomato	\$3.50
Lean Ham & Cheese	\$4.00
Lean Ham, Cheese & Tomato	\$4.50
Salad (Lettuce, Tomato, Carrot, Cucumber)	\$4.50
Tuna, Lettuce & Mayo	\$4.50
Fresh Chicken with Cheese	\$4.50
Fresh Chicken Lettuce & Mayo	\$4.50

VEGGIE & OTHER SNACK PACKS

Fresh Cut Veggie Cup	\$1.50
Veggie Snack Pack Dome with Carrot, Celery, Corn, Tomatoes & Bread Stick	\$4.00
Veggie Snack Pack Dome with Cheese Cubes & Bread Sticks	\$4.50
Veggie Snack Pack Dome with Fresh Chicken Breast & Bread Sticks	\$5.00

SALADS (All Salads served in 12oz Dome)

Garden Salad	\$4.00
Tuna Salad	\$4.50
Cheese Salad	\$4.50
Lean Ham Salad	\$4.50
Fresh Chicken Breast Salad	\$4.50
Fresh Chicken Breast Pasta Salad	\$5.00
Fresh Chicken Caesar Salad with Lean Ham	\$5.00

FRESH FRUIT & YOGHURT

Diced Pineapple Small Cup	\$1.00
Oranges, Apples, Mandarins	\$1.00
Banana	\$1.50
Fresh Watermelon Cup	\$2.00
Fresh Diced Fruit Cup	\$2.00
Vanilla Yoghurt	\$2.00
Yoghurt with Muesli Cup	\$2.50
Yoghurt with Fruit Cup	\$3.00
Seasonal Fresh Fruit Salad Bowl (12oz)	\$4.00

OCCASIONAL FOOD & SNACKS

HOT FOOD

Potato Wedges Cup	\$3.00
Noodles Cup	\$3.50
Chicken Hot Dog (one free sauce)	\$3.50
Beef Hot Dog (one free sauce)	\$3.50
Chicken Nuggets (5 pieces)	\$3.50
Sausage Roll (one free sauce)	\$4.50
Meat Pie (one free sauce)	\$4.50

SNACKS & OTHER TREATS

Homemade Cookies x1	0.50c
Gummy Bear x3	\$1.00
Homemade Muffins (freshly made daily)	\$1.50
Chicken & Corn Roll	\$1.50
Plain Ice Cream Vanilla	\$2.00
Red Rock Deli Chips 28g (2 Flavours)	\$2.50

HOT FOOD

Garlic & Herb Toasty (freshly made daily)	\$1.50
Pizza Cheese Sub (served on roll)	\$2.50
Mexican Quesadilla	\$3.00
Stuffed Vine Leaves with Rice x5	\$3.00
Meatball Sub with Napoletana Sauce	\$4.50
Grilled Chicken Souvlaki on a Roll	\$4.50
Homemade Pizza with Cheese	\$5.00
Homemade Pizza with Lean Ham & Cheese	\$5.50
Homemade Hawaiian Pizza	\$5.50
Lasagne	\$5.50
Cheese burger (lean beef)	\$5.50
Aussie Lean Beef Burger Lettuce/Tomato	\$5.50
Fresh Grilled Chicken Fillet Burger	\$5.50

SUSHI (available every Tuesday-pre order by Friday)

Teriyaki Chicken with Cucumber	\$4.50
Teriyaki Beef with Cucumber	\$4.50
Veggie Tofu, Carrot, Cucumber VEGAN	\$4.50
Tuna with Cucumber	\$4.50

DAILY HOMEMADE MENU

Monday	Pasta Carbonara with Lean Ham	\$4.50
Tuesday	Mac & Cheese Pasta	\$4.50
Wednesday	Hokkien Noodles Chicken	\$4.50
Thursday	Pasta with Meatballs	\$4.50
Friday	Pasta Bolognese	\$4.50

DAZZLING MEAL DEALS...

If you buy a meal combo you would save up to \$1.00

PACK 1: CHEESE SANDWICH	
Water 400ml + Popcorn or Frozen Juice Stick	\$3.50
PACK 2: STUFFED VINE LEAVES with RICE x5	
Water 400ml + Popcorn or Frozen Juice Stick	\$4.50
PACK 3: MEATBALLS SUB	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
PACK 4: PASTA with MEATBALLS	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
PACK 5: PASTA BOLOGNAISE	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.00
PACK 6: FRESH CHICKEN & CHEESE ROLL	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.50
PACK 7: FRESH CHICKEN SALAD SANDWICH	
Water 400ml + Popcorn or Frozen Juice Stick	\$6.50

CRUNCH N SIP PACKS

Piece of Fruit & Water 400ml	\$2.50
Diced Fruit Cup & Water 400ml	\$3.00

SNACKS & FROZEN TREATS

Frozen 99% Juice Cup Small (3 Flavours)	0.50c
Plain or Frozen 99% Juice-Jelly Cup Small (3 Flavours)	0.50c
Frozen Diced Pineapple Small Cup	\$1.00
Frozen 99% Juice Cup (3 Flavours)	\$1.00
Frozen 99% Quelch Fruit Juice Sticks (4 Flavours)	\$1.00
Popcorn	\$1.00
Bread Sticks x4	\$1.00
Custard Cup	\$1.00
Frozen Plain Milk Cup	\$1.00
Plain or Frozen 99% Juice-Jelly Cup (3 Flavours)	\$1.00
Frozen Chocolate Milk Cup	\$1.00
Frozen Strawberry Milk Cup	\$1.00
Frozen Banana Milk Cup	\$1.00
Frozen Watermelon Cup	\$2.00
Frozen Grapes Cup (seasonal)	\$2.00
Frozen 99% Nippy's Juice Cup (3 Flavours)	\$2.00
Messy Monkeys Snack (Chicken, Cheese, Pizza)	\$2.00

WATER - MILK & JUICES

Water 400ml	\$1.50
Water 600ml	\$2.00
Popper 100% juice (3 Flavours)	\$2.50
Milk 300ml (plain)	\$2.50
Light Milk 300ml (3 Flavours)	\$3.00

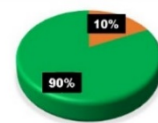
As required by the NSW government all menu items sold each day, are to be listed as Everyday or Occasional food to allow parents and caregivers informed choices.

The NSW state government states menu items are required to be 75% everyday and 25% occasional.

Made Fresh is proud that we have exceeded this requirement. We have kept our prices reasonable even after an increase to the levy for the "container scheme fee". Our suppliers have also increased their prices on eligible/quality goods under the new "star system". Your child's healthy eating is paramount to our business.

Thank you for your ongoing support.

Occasional



Everyday