



Monday 10th September 2018

Term 4 Interrelate Program Year 6

Dear Parents and Carers,

As part of the Personal Development and Health program, we have arranged for Interrelate to teach children about personal development. This is an informative program which all children are encouraged to complete particularly before moving onto high school. Children will be separated into Year 5 and 6 groups as they will cover different topics. The sessions for Year 6 will take place on Wednesday 7th, 14th & 21st November 2018 and the total cost is \$35.50.

Year 6

'Moving into the Teen Years' explores a range of adolescent issues and offers a comprehensive sexuality and relationship education program designed specifically for this important time in life. A wide variety of creative activities and teaching methods are used during the 'Moving into the Teen Years' program. These include: a take home workbook to encourage parental involvement; detailed visual presentations; class discussions; written and verbal questions; games and other activities. At an age when talking about sex with adults can be embarrassing, Interrelate ensures it is not only informative but also an enjoyable learning experience.

Session 1: Understanding My Body

Session 2: Respectful Relationships

Session 3: Taking Charge

Program Focus

- Revisit development at puberty
- Outline the process of human reproduction, including conception, foetal development and birth
- Explore respectful relationships with self, friends and family
- Enhance students' self-esteem, communication and decision-making skills in relation to taking responsibility, taking care of themselves and respecting others
- Assist students to become aware of the influences on their personal choices and the potential consequences of those choices
- Raise awareness of technology and its influence on teens, including strategies for cybersafety
- Discuss expectations in high school

Please note: The cost of the course is inclusive of all sessions. If a session is missed through absence, illness or extra-curricular activity, unfortunately we are unable to refund the full or partial cost of the program.

Please complete and return the attached permission note with the enrolment fee. We appreciate your support teaching this important topic and we hope to have all children involved.

Kind regards,

Matt Richards

Stage 3 Assistant principal

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Please complete and return with payment before the 16th October 2018 (Week 1, Term 4).

I wish to enrol my child/children _____ from Class _____

in Interrelate's 'Year 6 Moving into the Teen Years' program.

	I have made an online payment . My receipt number is : _____
	I have returned the permission note including \$35.50 in cash on : ____/____/2018

Signed _____ Date _____